

TODDLERS POST NATAL DEVELOPMENT

Child was breastfed until what age? _____

When were solids introduced? _____ Months

What was the first solid introduced? _____

Describe the child's present diet: _____

Past Medical History: (Circle all that apply)

- | | | |
|-----------------------|----------------------|-----------------------------|
| Measles | Ear infections | Upper Respiratory Infection |
| Mumps | Allergies | Bronchitis |
| Chicken Pox | Asthma | Eczema |
| Trauma | Bed Wetting | Motion Sickness |
| Occulo-motor Problems | Walking Difficulties | Rashes |
| Learning Difficulties | Colic | Balance |
| Fever | Anxiousness | Clumsy |
| Cravings | Food Sensitivities | Constipation |
| Diarrhea | | |

Discuss how circled items were managed (include treatment and frequency): _____

Sleeping Habits (include how many hours/quality): _____

Activity Level (what is the child doing daily?): _____

Has your toddler received standardized vaccination, which ones? _____

Has your toddler received the H1N1 vaccine? Yes or No Injection or Nasal Spray

Date Administered _____

Developmental Milestones

Gross Motor Skills

- 2 years Runs
- 2 years Negotiates stairs with 2 feet
- 3 years Climbs stairs one foot at a time
- 4 years Walks down steps one at a time
- 4 years Hops on one foot

Social Skills

- 15 mths Plays "peek-a-boo"
- 18 mths understands yes/no

Adaptive Skills

- 20 mths Uses utensils
- 30 mths Can identify and match colors
- 36 mths Copies a circle
- 42 mths Copies a cross

Fine Motor Skills

- 15 mths Turns 2 to 3 pages of a book at same time
- 18 mths Turns 1 page at a time
- 24 mths Builds a 5 block tower
- 4 years Builds a 10 block tower

Communication Skills

- 24 mths Uses 2 to 3 word phrases